

MEETS EVERY THURSDAY AT HOTEL SAN MARCO, LAUREL EAST, GEN. SANTOS CITY AT 6:30 IN THE EVENING

#### Daughter Clubs:

ROTARY CLUB OF GREATER GENSAN ROTARY CLUB OF POLOMOLOK 101

ROTARY CLUB OF GENSAN TUNA PORT

Rotary

District 3860





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The Nation's Largest and Leader in Pest Control



CP/PAG ZENN ZUZON RY 1992-94



RY 1994-95





RY 1995-96

Midtown

General Santos



RY 1996-97





ROMY SALAZAR **ED DUMARAN** RY 1997-98 RY 1998-99











RAYMUND SALAZAR RY 2000-01

MAR YAP RY 2001-02

MANNY YAPHOCKUN RY 2002-03

RY 2003-04



JOE LUCAS RY 1999-2000







RY 2006-07







RY 2008-09













JOSE VALENZUELA RY 2012-13

SONNY BALINGBING RY 2013-14















Rotary



### 19<sup>TH</sup> REGULAR MEETING **FEBRUARY 6, 2020**

Host / Moderator	IPP Jun Gamalo
I. Call To Order	Prexy Joshua Salazar
Rotary Grace & Philippine National Anthem	PP Ed Dumaran
Rotary Hymn	Rtn. Rene Domingo
Declaration of Rotary Code of Conduct	Rtn. Fernan Ocat
Sunshine Greetings	PP Jugger Llido
II. Treasurer's Report	Treas. Mar Yap
III. President's Time	Prexy Joshua Salazar
IV. Other Matters	Prexy Joshua Salazar
V. Adjournment	Prexy Joshua Salazar

### **Reminder:** Editorial Board PAOLO S. ACHARON Editor - in - Chief CONTRIBUTOR Prexy Jan Joshua Salazar CP/CPAG Zenn Zuzon Secretary Paolo Acharon Treasurer Mar Yap PP Joe Lucas PP Noel Ninte

## **BENEFACTORS**

We would like to thank our

# CITIFRONT PETRON SERVICE STATION









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### **ROTARY GRACE**

Almighty God, our Father, we praise and thank you for this day. You have given us another opportunity to appreciate life and to fulfill our mission as Your instruments of peace and progress. Please pardon us for our shortcomings. Help us to amend our impieties, may we learn to pattern our lives through Your Son's example.

Father, bless all our endeavors, especially today's meeting. Guide us in our discussions. Enlighten our minds in every decision that we make. Give us Your grace that we may effectively do our parts as public servants. Bless our plans, programs and projects, so that we may

achieve our objectives, for Your greater glory.

All these we ask in Jesus name. Amen.



### ROTARY CODE OF CONDUCT

### **AS A ROTARIAN I WILL:**

- Exemplify the core value of integrity in all behaviors and activities
- Use my vocational experience and talents to serve in Rotary
- Conduct all of my personal, business and professional affairs ethically, encouraging and fostering high ethical standards as an example to others
- Be fair in all our dealings with others and treat them with the respect due to them as fellow human beings
- Promote recognition and respect for all occupations which are useful to society
- Offer my vocational talents to provide opportunities for young people to work for the relief of the special needs of others and to improve the qualify of life in my community
- Honor the trust that Rotary and fellow Rotarians provide and not do anything that will bring disfavor or reflect adversely on Rotary or fellow Rotarians
- Not seek from a fellow Rotarian a privilege or advantage not normally accorded others in a business or professional relationship

## We would like to thank our

### **BENEFACTORS**



TRUCKING & RENTAL\* AGGREGATES HAULING \* EARTHMOVING

Sampaloc Street, Barangay Dadiangas West, General Santos City Tel. No.: (083) 553-0310 Cel. No.: 0922-8594-236 E-mail: ROPE.PJA@gmail.com



Tel. No.: (083) 553-0310 Cel. No.: 0922-8594-236

### **ACHARON DENTAL CLINIC**

- **G/F** Arenas Blg., Pioneer Avenue
- Santanna Blg., Santiago Blvrd.

## ROSPEA









## SUNSHINE GREETINGS



February 4—Ann Charina, Spouse of rtn. Lester Cruz

February 8—Rtn. Froilan Masamayor

February 10—Ann Hazel, Spouse of Rtn. Kid Agduma

February 12—Ann Eulalia, Spouse of Rtn. William Moraca

### ATTENDANCE & MAKE-UP CARD

Rotarian	Rotary Club of
Classification	Position

Please give this Rotarian Attendance credit for attending the Regular Fellowship meeting last \_\_\_\_\_\_.

### Club Secretary Paolo Acharon



#### ROTARY COTARY CO

# Rotary (\*\*)

## THE OBJECT OF THE ROTARY

**The Object of Rotary** is to encourage and foster the ideal of service as a basis of worthy enterprise and, in particular, to encourage and foster:

**FIRST:** The development of acquaintance as an opportunity for service:

second: High ethical standards in business and professions; the recognition of the worthiness of all useful occupations; and the dignifying of each Rotarian's occupation as an opportunity to serve society;

**THIRD:** The application of the ideal of service in each Rotarian's personal, business, and community life;

**FOURTH:** The advancement of international understanding,



goodwill, and peace through a world fellowship of business and professional persons united in the ideal of service.





### **ROTARY INTERNATIONAL** PRESIDENTIAL MESSAGE

Happy 115th birthday, fellow Rotarians and members of the family of Rotary!

Much has changed in the world since 1905. Then, the global population was roughly 1.7 billion. Today, it is 7.7 billion. There were 5 telephones per 100 people in the United States 115 years ago. In 2020, it is esti mated that 96 percent of the U.S. population has a cellphone —

and both China and India have more than a billion cellphones in use.

In the 115 years since Rotary was founded, seemingly everything has changed except Rotary values. We began, and remain, committed to fellowship, integrity, diversity, service, and leadership. While our Service Above Self motto dates to 1911, the ethos behind those words had already been ingrained by Rotary's founders.

As the pace of change worldwide continues to accelerate, the need for Rotary service is greater than ever. It's one thing to read about service projects, quite another to see them in action and to see the grateful faces of people who have benefited from them. Rotary projects change lives and connect the world. And over the past year, I have seen some amazing Rotary projects in action.

Gay and I visited Japan's Fukushima prefecture last year. Few places in the world have had to deal with the kind of devastation that visited Fukushima in March 2011, when a tsunami touched off by an earthquake led to disaster at a nuclear power plant. But the story of Fukushima today is not one of destruction; it is one of hope and renewal. Rotary grants have helped improve access to medical and mental health care for victims of the disaster and reduced the isolation of these communities by sharing the experiences of people from other parts of the world who have also recovered from disasters. Our grants have also helped to foster self-motivation and encourage sustainable longterm community recovery across the region.

In Shanghai, I learned about the Careers in Care program. This helps migrant workers fill the need for skilled professionals in elder care facilities. After taking a course, trainees receive certification to boost their employment prospects, while the care industry benefits from an expanded talent pool. Rotary projects like this are successful because they address a local need, and they have the potential to attract local government funding to sustain their impact.

And in Guatemala, Gay and I went to Sumpango. Global grants there provide mechanical cows to produce soy milk; an improved water distribution system; water filters; clean compost latrines; family gardens; support for income generation; and training in WASH and literacy programs. The food items sold there not only provide nutrition to women and children, but also create a source of income for local women.

In every area of focus, and in every part of the world, Rotary projects are improving lives and helping communities adapt in a time of rapid change. As we celebrate another great year for Rotary, let us rededicate ourselves to strengthening the connections that make our service so impactful. We will make lives better as Rotary Connects the World.

> MARK DANIEL MALQNEY President, Rotary International 2019-2020



# Rotary

### JOE - KINGLY YOURS

#### **WRONG SAUCE**

After I paid for my items in an adorable Italian shop, the salesperson smiled and said "Grazie," Italian for "thank you." My Italian isn't very good, but I knew that the Italian word for "you're welcome" was the same as the name of a spaghetti sauce. So I confidently replied "Ragu!" and walked out of the store.

A few blocks later, it hit me: I had the wrong spaghetti sauce. "You're welcome" is prego.

#### PRAY FOR GOOD FOOD

A husband and wife were dining at a 5-star restaurant. When their food arrived, the husband said: "Our food has arrived! Let's eat!"

His wife reminded him: "Honey, you always say your prayers at home before your dinner!"

Her husband replied: "That's at home, my dear. Here the chef knows how to cook..."

#### **DISAPPOINTING MOVIE**

suffered Mv mother and I through an overlong, confusing movie at an art theater. Apparently we were not the only dissatisfied patrons. Walking back to our car afterward, we overheard a man complain to his wife, "We left the dog home alone for that?"

#### THE OTHER WORD FOR ASPIRIN

My memory is getting so bad, I asked the pharmacist, "Do you have any Acetylsalicylic acid?"

"You mean aspirin?" asked the pharmacist.

"That's it! I can never remember that word."

GOOD NEWS, BAD NEWS

A doctor told his patient, "There's good news and bad news. The bad news is, you have partial short-term memory loss."

The patient said, "Oh no, Doctor. What's the bad news?"



### JOE - KINGLY YOURS



PP Joe G. Lucas

### **ANGRY GIRLFRIEND**

A man came through my lane at the grocery store with a jug of wine and a bouquet of roses. But before paying, he set the two items aside and said, "I'll be right back." He ran off, only to -return a minute later with a second jug of wine and another bouquet of roses.

"Two girlfriends?" I asked. "No," he said. "Just one really angry one."

#### **BECOMING A CEO**

The CEO of a large corporation was giving advice to a junior executive. "I was young, married, and out of work," he lectured. "I took the last nickel I had and bought an apple. I polished it and sold it for a dime. The next day I bought two apples, polished them, and sold them for ten cents each."

"I see," said the junior executive.
"You kept reinvesting your money and grew a big business."
"No," said the CEO. "Then my wife's father died and left me a fortune."

#### **GEORGE?!**

It was World War II—the front—and we were on high alert. Around midnight, I noticed movement behind a bush. Rather than fire a shot, I shouted out the first half of the password: "George!" I waited for whoever it was to prove he was an American and reply with the countersign, "Marshall." Instead, silence. "George!!" Again, no reply. I lifted up my rifle and gave it one last try: "George!!!"An angry voice finally replied, "My name ain't George!"



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## **ROTARIAN PROFILE**





Rotary Year 2019-2020

Club No. 29494 | Area 3F

Date Chartered: May 25, 1993

Schedule of Meeting: Every Thursday, 6:30 p.m

**Venue**: Hotel San Marco, Laurel East, General Santos City **Website**: https://www.facebook.com/Rotary-Club-of-Midtown-

General-Santos-428278681351913





### **CLUB OFFICERS**

### ROTARY CLUB OF MIDTOWN GENERAL SANTOS SET OF OFFICERS RY 2019 - 2020

#### JAN JOSHUA RAY D. SALAZAR

President

ROMEO PASTOR
Vice -President

PAOLO JAY S. ACHARON

Secretary

FERNAN ANGELO OCAT

Asst. Secretary

MARCELO YAP Treasurer **ROY ANGELO MALALUAN** 

Auditor

JAMES CARPE Protocol Officer

**DESIDERIO ALABA**Sgt. at Arms

ROBERTO BALLENA JR.

President Elect

JAMES CARPE
President Nominee

### **COMMITTEE CHAIRS**

**ERIC UY JR.** Public Image

**ZENELITO ZUZON**The Rotary Foundation

MARCELO YAP Midtown Foundation

ROMAN SALAZAR

Banner Projects

RAYMUND SALAZAR

End Polio Foundation

**ROGER RIVERA** 

Special Projects

### **BOARD OF DIRECTORS**

ROMAN SALAZAR

PEDRO B. ACHARON JR.

**JUGGER LLIDO** 

JOSEPH MANLUTAC

CARLITO DACUT JR.

RENATO DOMINGO

RICHARD BACQUIANO

VENANCIO A. GAMALO JR.

Immediate Past President





## **MIDTOWNERS IN ACTION**



## MIDTOWNERS IN ACTION



## **ABOUT US**

#### WHO WE ARE

Chartered in 1993, the Rotary Club of Midtown General Santos is home to more than 30 community-minded individuals dedicated to serving above self and participating in Rotary International's mission to promote understanding, goodwill, and world peace.

### **OUR MISSION**

To change lives in our local and world communities through service and financial support.

#### **OUR VISION**

To cultivate a dynamic membership that enhances our club values to serve our local and world communities, providing systemic and enduring change.

### **OUR CORE VALUES**

**Rotary Belongingness** – When we work together, we are a hundred times stronger. We are of and for each other; and stand for our unified ideals.

**Caring Relationship** – We love, trust and respect each other and our spouses. We believe that when our relationship is strong, we become unbreakable.

Joyful Service – We do not carry service as a burden because we take passion in doing so. This makes all our endeavors joyful and wholehearted.

**Cheerful Giving** – We give with devotion and without tire. We do not seek reward because the act of giving itself is what makes us happy.





### **ROSTER OF MEMBERS**

No.	ID No.	Name	TRF	CLASSIFICATION	SPOUSE
1	10125797	ACHARON, PAOLO JAY S.		Legal Services	NIKKA
2	2429389	ACHARON, PEDRO JR. B.	PHF+4	Engineering - Civil Works	ROSE
3		AGDUMA, FLORANTE II		Construction	HAZEL
4	9673340	ALABA, DESIDERIO		Military Service (Retired)	CHA
5		ALFAFARA, DOMINIC P.		Dentistry	MARLYN
6	10157452	BACQUIANO, RICHARD		Construction Aggregates Supplier	JENNIFER
7	7020058	BALINGBING, SONNY		Engineering Equipment Distribution	
8	6985871	BALLENA, ROBERTO JR.	PHF	Petroleum Products Dis- tribution	MONETTE
9		BENZONAN, SUNNY		Hospitality Management	
10		CARIÑO, DENNIS		Nursing, Governement	
11	6634413	CARPE, JAMES	PHF	Construction	GINA
12		CRUZ, LESTER S.		Automotive	CHARINA
13	9191166	DACUT, CARLITO JR.	PHF	Pest Control Distribution	TATA
14		DIONISIO, GEOFFREY		Agri Buy and Sell	
15	9673335	DOMINGO, RENATO C.	PHF	Government Service	ARLENE
16	2137023	DUMARAN, IGNACIO	PHF	Petroleum Products Dis- tribution	VIOLETA
17	8242544	GAMALO, VENANCIO JR.,A.	PHF	Pharmaceutical Distribution	ANITA
18	2137027	GANADOS, CARLOS SR., R.		Pension House Services	TASING
19	9673803	LABUTONG, ORLANDO E.		Military Service (Retired)	NATIVIDAD
20	6460921	LLIDO, JUGGER C.		Real Estate Management	EDA JANE
21	2137036	LUCAS, JOSE G.	PHF	Government Service (Retired)	ROMANA
22	6556163	MACOROL, PEDRO M.	PHF	Construction	PATRICIA
23		MADRIA, JOEY J.		Government Service	

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## MIDTOWNERS IN ACTION

St. Gemma's Kitchen launched their Nutritional Feeding Program in partnership with the Rotary Club of Midtown General Santos last February 4, 2020







Rotary

## MIDTOWNERS IN ACTION

### 18<sup>th</sup> Regular Meeting last January 30, 2020





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No.	ID No.	Name	TRF	CLASSIFICATION	SPOUSE
24	10337047	MALALUAN, ROY ANGELO		Government Service	
25	10157457	MANLUTAC, JOSEPH		Poultry	JANET
26	9540466	MORACA, WILLIAM	НМ	Elementary Education	EULALIA
27	3374219	NINTE, NOEL	PHF	Metal Craft Services	MARIETA
28		OCAT, FERNAN ANGELO		Nursing, Private	
29	2137043	OTANES, DALMACIO JR.		Security Management	JULIET
30	2137044	PASTOR, ROMEO D.		Medicine Practice	ANA
31	8510148	PEÑA, VICENTE		Legal Services	MELINDE
32	9190955	QUEJADA, LLOYD	PHF	Insurance	NANCY
33	6116769	RIVERA, RITCHIE	PHF	Tuna Canning Management	CECIL
34	6116769	RIVERA, ROGER E.	PHF+1	Aquaculture Business Man- agement	YOLANDA
35	9192438	SALAZAR, JAN JOSHUA RAY	PHF+3	Personal Health Care Services	
36	6179549	SALAZAR, MARK DOMINIC	PHF+1	Real Estate Management	
37	6198022	SALAZAR, RAY ANGELO	PHF	Repair Shop Management	MACEL
38	2137047	SALAZAR, RAYMUNDO L.	PHF+2	Civil Engineering Manage- ment	EDNA
39	2137048	SALAZAR, ROMAN L.	PHF+2	Government Service (Retired)	
40	2490805	SECHONG, RONNIE	PHF+3	Civil Engineering	HENA
41		SUPLICO, NESTOR S.		Government Service	JOSIE
42	3139031	TAPANG, ENRIQUE		Electrical Engineering Consultancy	CONCHITA
43		TELERON, GENUS NIÑO		Health Insurance, Gov.	
44	3139039	UY, ERICO FRANCISCO JR.		Motorcycle & Engine Parts Distri- bution	ELENA
45		UY, ERICO		Pharmacy	
46	2137054	VALDEZ, TITO		Government Service (Retired)	ELLIE
47		VAPOR, KHENT LERRY BLADE		Marine Engineering	
48	2137058	YAP, MARCELO O.	PHF+1	Electronic Equipment	LILY
49	2137001	ZUZON, ZENELITO M.	PHF	Food Catering Services	ANGGING
					<u> </u>



**MIDTOWNER** 

## PAUL HARRIS FELLOW AND BENEFACTOR

DONOR	ROTARY ID	RECOGNITION LEVEL	ACHIEVED DATE	ORIGINAL PHF DATE
Pedro Busgano Acharon, Jr.	2429389	PHF+4	23-Apr-2019	14-Oct-2009
Ronnie B. Sechong	2490805	PHF+3	03-Dec-2018	17-Aug-2006
Manuel Fortunato Du Yaphockun	2429422	PHF+3	06-Sep-2017	30-Nov-1996
Orman Ortega Man- ansala	2429411	PHF+3	31-Oct-2017	2-Aug-2016
Jan Joshua Ray De Gra- cia Salazar	9192438	PHF+2	13-Jul-2019	24-Aug-2016
Raymundo Lasmarias Salazar	2137047	PHF+2	19-May-2010	7-Jul-2000
Roman L. Salazar	2137048	PHF+2	19-May-2010	20-Oct-2004
Clement L. Asencio	2137000	PHF+1	26-Aug-2009	17-Jul-2009
Renato B. Belga	5744180	PHF+1	24-Mar-2009	27-Oct-2007
Roger Estabillo Rivera	2137046	PHF+1	23-Aug-2018	2-Aug-2016
Marc Dominic U. Salazar	6179549	PHF+1	03-May-2012	19-May-2010
Marcelo Obligado Yap	2137058	PHF+1	31-Jan-2017	2-Aug-2016
Rosalinda A. Acharon	8186382	PHF	12-Sep-2017	
Arthur A. Aller	3443862	PHF	18-Oct-2005	
Roy Ballena	6985871	PHF	30-Jan-2019	
James Carpe	6634413	PHF	03-Dec-2018	
Carlito Osip Dacut, Jr.	9191166	PHF	13-Apr-2015	
Renato Cerbas Domingo	9673335	PHF	02-Aug-2016	
Ignacio S. Dumaran	2137023	PHF	24-Mar-2009	

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### Things you should know about Novel coronavirus 2019

No, antibiotics do not work against viruses, only bacteria.

The new coronavirus (2019-nC0V) is a virus and, therefore, antibiotics should not be used as a means of prevention or treatment.

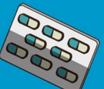
However, if you are hospitalized for the 2019-nCoV, you may receive antibiotics since bacterial co-infection is possible.



#Coronavirus

Are antibiotics effective in preventing and treating the new coronavirus?





To date, there is no specific medicine recommended to prevent or treat the new coronavirus (2019-nCoV).

However, those infected with the virus should receive appropriate care to relieve and treat symptoms, and those with severe illness should receive optimized supportive care. Some specific treatments are under investigation, and will be tested through clinical trials.

WHO is helping to accelerate research and development efforts with a range of partners.



**#Coronavirus** 

Are there any specific medicines to prevent or treat the new coronavirus?



References: <a href="https://www.who.int/emergencies/diseases/novel-coronavirus-2019">https://www.who.int/emergencies/diseases/novel-coronavirus-2019</a> https://www.who.int/news-room/q-a-detail/q-a-coronaviruses



### Things you should know about Novel coronavirus 2019

### No. Sesame oil does not kill the new

There are some chemical disinfectants that can kill the 2019-nCoV on surfaces. These include bleach/chlorine-based disinfectants, ether solvents, 75% ethanol, peracetic acid and chloroform.

However, they have little or no impact on the virus if you put them on the skin or under your nose. It can even be dangerous to put these chemicals on your skin.



#2019nCoV

**Does putting on sesame** oil block the new coronavirus from entering the body?



### People of all ages can be infected by the new coronavirus (nCoV-2019).

Older people, and people with pre-existing medical conditions (such as asthma, diabetes, heart disease) appear to be more vulnerable to becoming severely ill with the virus.

WHO advise people of all age to take steps to protect themselves from the virus, for example by following good hand hygiene and good respiratory hygiene.



#Coronavirus

Does the new coronavirus affect older people, or are younger people also susceptible?







**MIDTOWNER** 

## PAUL HARRIS FELLOW AND BENEFACTOR

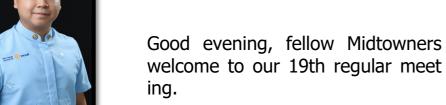
DONOR	ROTARY ID	RECOGNITION LEVEL	ACHIEVED DATE	ORIGINAL PHF DATE
Maribel A. Galindez	5640159	PHF	21-Dec-2001	
Venancio Jr. Albear Gamalo, Jr.	8242544	PHF	08-May-2019	
Jose Gabor Lucas	2137036	PHF	30-Sep-1999	
Pedro M. Macorol	6556163	PHF	16-May-2019	
Noel Tagle Ninte	3374219	PHF	31-Jan-2017	
Lloyd Sisneros Quejada	9190955	PHF	23-Apr-2019	
Ritche Chua Rivera	6116769	PHF	28-Jan-2005	
Corazon Salazar	8481970	PHF	10-May-2012	
Ray Angelo De Gracia Salazar	6198022	PHF	19-May-2010	
Lourdez Hena D. Sechong	6760447	PHF	17-Dec-2007	
Virginia Yap	9989150	PHF	12-Sep-2017	
Armi Aguilar Zuzon	10483079	PHF	25-Feb-2019	
Zenelito Manantan Zuzon	2137001	PHF	03-Dec-2018	

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### PRESIDENT'S TIME

Prexy Joshua Salazar



Last February 4, 2020, St. Gemma's kitchen, launched their nutritional feeding program with the aim of providing nutritional assistance towards targeted population of malnourished children within selected communities. With it, we have collaborated with the organization to provide resources in continuing this noble program; we started at Purok 19, Zone 13, Brgy. Lagao with a population of 24 children and will continue to monitor, feed and check on their health for the next 6 months. This program will be conducted every Tuesday, Thursday, and Saturday. I am hoping for your support during the implementation of the activities. Also, I would like to remind everyone that Discon is scheduled on March 5 to 7 and registration rate is P6, 000.00 per Rotarian and P3, 000.00 per spouse. The host city will be Cebu.

Thank you.

### Things you should know about Novel coronavirus 2019

No. There is no evidence that using mouthwash will protect you from infection with the new coronavirus. Some brands of mouthwash can eliminate certain microbes for a few minutes in the saliva in your mouth. However, this does not mean they protect you from 2019-nCoV infection.





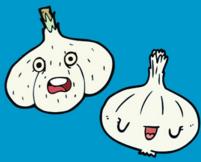


#2019nCoV

Garlic is a healthy food that may have some antimicrobial properties. However, there is no evidence from the current outbreak that eating garlic has protected people from the new coronavirus (2019-nCoV)

#2019nCoV







Rotary







### Things you should know about Novel coronavirus 2019

No. Vaccines against pneumonia, such as pneumococcal vaccine and Haemophilus influenza type B (Hib) vaccine, do not provide protection against the new coronavirus.

The virus is so new and different that it needs its own vaccine. Researchers are trying to develop a vaccine against 2019-nCoV, and WHO is supporting their efforts.

Although these vaccines are not effective against 2019-nCoV, vaccination against respiratory illnesses is highly recommended to protect your health.



#2019nCoV

Do vaccines against pneumonia protect you against the new coronavirus?



No. There is no evidence that regularly rinsing the nose with saline has protected people from infection with the new

There is some limited evidence that regularly rinsing the nose with saline can help people recover more quickly from the common cold. However, regularly rinsing the nose has not been shown to prevent respiratory infections.



#2019nCoV

Can regularly rinsing your nose with saline help prevent infection with the new coronavirus?







Rotary



### CLUB OFFICERS for RY 2020-2021

PRESIDENT ELECT : RTN. ROY BALLENA

PRESIDENT NOMINEE: RTN. JAMES CARPE

**VICE PRESIDENT:** RTN. BOYET MACOROL

SECRETARY: RTN. RICHARD BACQUIANO

PP ERIC UY TREASURER:

**AUDITOR:** RTN. ROY MALALUAN

PROTOCOL OFFICER: PP BOY OTANES

**BOARD OF DIRECTORS** 

PP RAYMUND SALAZAR PP JUN ACHARON RTN. DENNIS CARINO RTN. LESTER CRUZ RTN. GEOFFREY DIONISIO RTN. ROMY PASTOR RTN. SUNNY BENZONAN IPP JAN JOSHUA SALAZAR





## **Monthly Theme**



Conflict and violence displaced more than 68 million people in the past year, and half of those are children.

We refuse to accept conflict as a way of life. Rotary projects provide training that fosters understanding and provides communities with the skills to resolve conflicts.

### Things you should know about Novel coronavirus 2019

### Novel Coronavirus (2019-nCoV) advice for the public: Myth busters

World Health Organization

Yes, it is safe. People receiving packages from China are not at risk of contracting the new coronavirus.

From previous analysis, we know coronaviruses do not survive long on objects, such as letters or packages.

Salmonella that can pass between pets and

Is it safe to receive a letter or a package from China?





#2019nCoV

At present, there is no evidence that companion animals / pets such as dogs or cats can be infected with the new coronavirus. However, it is always a good idea to wash your hands with soap and water after contact with pets. This protects you against various common bacteria such as E. coli and



humans.

#Coronavirus









